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Council On Aging Minutes 01/20/2011

Arlington Council on Aging 27 Maple Street Arlington, Ma 02476

Meeting Minutes January 20, 2011

Meeting commenced at 4:02 pm

<u>Present:</u> Lucilia Prates, Bill Carey, Harry McCabe, Joanne Morel, Karen Nichols, Annette Bender, Ann FitzGerald and John Jope Executive Director

Minutes of Meeting December 16, 2010-accepted as corrected, one abstention, date December 16, 2010 not December 18. Typo date 2011.

Report of Chair: Joint Boards meeting no resolution on COA withdrawing monthly funding on Newsletter. No reply from ASA. The Social and Education Workshop, March 17, 2011 facilitator search is on going. One seeks \$!500 for all day session.

<u>Grant Writing Group</u>: Bill Murphy, John Jope, Debbie Phillips, Ann FitzGerald wll have access to Associated Grant makers through Christine Connolly HHS Director.

Julianna Rice Town Counsel responded to Ms.Connolly that Arlex Cab, <u>DART provider</u>,
Has no valid contract and Town is not liable for money owed. \$46,000 held by Town Manager.

<u>Purchasing agent will re offer RFP for bids DART program. 2 companies may be interested.</u>

<u>February 4,2011 John and Maureen Jackson ASA</u> will speak at brown bag luncheon on Senior issues. The interviews will be taped and presented as "Our Town" on cable TV, The sponsor is the League of Women Voters Arlington.

Report of the Executive Director: Clarification on DART contract is that the original contract is signed for 1 year if parties agree year 2 and 3 complete the contract. In case of Arlex no year 2 and 3 were acceptable to COA.

<u>Transportation Regional</u>: Town Managers, COA and HHS directors Belmont, Arlington, Lexington and Watertown met to begin the process of evaluating needs, available programs, funding to see if regionalization is a possibility. The group will distribute information at some later date.

<u>Transportation Local</u>: Bill, John and Annette will meet with the Director of Housing to see what is available for seniors. Laura Munsey new secretary working out well.

Other Reports: ASA Harry ,Valentine's Dance February 12,2011.

Friends of Arl.COA- Ann sent letter to the editor of Advocate thanking Friends for \$5000. donation and hand written letter as well to Art.

<u>Transportation</u>: letter sent to Housing for a Meeting. No reply.

Karen ,Arabel Taxi owner interested in re bid as is Veterans Taxi from Arlington.

<u>Unfinished Business</u>: <u>Health Care Forum – Annette</u> The new date is June 18, 2011 Saturday,12 noon to 4:30 pm. Debbie Phillips new volunteer to coordinate with clinical

Services, Karen to assist her. The topic chosen is Alzheimers disease, with Memory loss and Dementia. Three speakers will present different aspects of dealing with the parent or loved one, emphasis will be placed on families and children coping with an impaired adult. We will seek vendors who provide respite care, social day programs, facilities

specializing in Alzheimers care for consultation. The clinical diagnosis and geri-psyche exam by specialists, geriatricians, neurologists and information on where to access care will also be made available.

A panel discussion will be held as well as round table discussions with social workers and others in field of geriatrics. Letters will be sent out to many vendors ,physicians, hospitals, therapists and other contacts by the group. Lucilia will have a information table on Medicare fraud. The Friends will help as well as other volunteers. Next meeting of Health care Forum group will be Feb. 10,2011. Much more to follow.

Active Seniors 50-70 years Library Grant- Karen reporting that Library Director received Grant for \$7,500 to pick 10 presentations of interest to active seniors. Mrs.Loud

Has also expressed interest in having a table at the Health Fair.when the parttime coordinator is hired more information will be available.

Addendum to Directors Report: Andy Francis Divinity student will present 6 weeks of "Worlds Religions" followed by a panel of clergy representing each religion. 6 Tuesdays in May –June.

Policies and Procedures inadvertently omitted will be reviewed on February 17,2011.

Meeting adjourned at 5:22 pm.

Recorded and transcribed by Ann FitzGerald Chair